



LCHS 9-12 PTSA online NEWS

We had a busy week last week hosting Red Ribbon week. Students participated in noon time activities, received information about drug paraphernalia from Deputy Matejca and Tanya and listened to Tony Hoffman, a truly amazing speaker. Tony's life story and his fall from fame and promise to jail and then how he overcame his addictions was riveting. Students were told how One Choice can change their lives. Tony is living proof of it. I hope your students came home speaking about their take- aways from Tony's life journey as my sons did. You can find out more about Tony on our website www.lchsptsa.org. A huge thank you to Frances Delgatty for having the vision, persistence and doing the hard work to make Red Ribbon week so much better at our school this year.

Last week we also helped our Counseling Department by helping coordinate the hospitality for a teacher lunch and learn. A group of teachers spent their lunch break listening to two speakers who addressed what colleges are looking for when they read student recommendation letters and how to write letters of recommendation with those criterion in mind.

Speaking of teachers and volunteers, please take a moment and nominate one for Founders Day. The form is on our website and you can also see past recipients of the award. It is truly the Hall of Fame at LCHS.

Our Governing Board Meeting is tomorrow October 30th at 7:00 p.m. at the District Office. One of the items on the agenda is the Devil's Gate Dam sediment removal project which is set to begin in a few months. Please read the article below for more information about the project and the issues it poses for our children.

Wishing you a safe and Happy Halloween.

Warmly,

Tamar Tujian

LCHS 9-12 PTSA President

ptapresident@lchs912.org

LCHS PTSA Founders Day 2018-2019 Information

This is that time of year when we recognize and honor those individuals that truly set the bar extra high here at LCHS!

The LCHS PTSA Founders Day Awards celebrate the achievements and dedication of special LCHS staff members, PTSA parent volunteers and community members. If you know of a deserving teacher, faculty member or parent that has gone above and beyond and you would like to see them recognized, please complete a [nomination form](#).

Nominations are due by Tuesday November 13th. Please turn in nomination forms in an envelope marked "LCHS PTSA Founders Day Nominations" in the office.

Challenge Success Parent Survey

La Canada schools were asked to participate in this first ever Challenge Success parent survey and we need your help. Please complete the survey by clicking on the survey link below.

In order to have survey response reliability, we need to achieve a 50% or higher response rate, so please encourage your friends and neighbors to fill out the survey too! The school district will share

the results with you and the community, and the sooner we reach the 50% participation rate, the sooner we get the results back. Please take the survey.

Please [CLICK HERE](#) for the survey.

Devil's Gate Sediment Removal Project: Concerns about Air Quality and Nearby Students

Below is a summary created by a few concerned LCHS parents. We are including it as a courtesy to our parent community as the concerns raised by this issue have been widely expressed. LCHS 9-12 PTSA has not officially endorsed any of the actions listed below and will address the issue at the next PTSA general meeting on November 15th.

LA County will start building entry and exit roads at Devil's Gate Dam in preparation for sediment hauling that will start next April and run through November, for the next four years. Approximately 400-425 diesel-fueled trucks per day (50 trucks per hour) will transfer debris to disposal sites. Hauling routes will be adjusted during the project; however, the primary hauling routes for June - November include Oak Grove and Berkshire Place (driving past Hillside and LCHS) en route to the 210 freeway on-ramps. Annual maintenance will involve approximately 300 trucks per day during the same hauling season.

The original and revised Environmental Impact Reports circulated according by law during the permitting process did not adequately address the health risks posed to children and teens by the aggressive truck hauling, which assumes diesel trucks conforming to 2010 EPA emission standards. There are recent scientific findings about the impact of ultrafine particles (known carcinogens) on children that were not included in the health risks assessment. Diesel trucks are the primary contributor of these ultrafine particles.

Our hope is to improve the Project's air quality impact on our children, especially for our students who have asthma, heart conditions and other respiratory issues. Please attend the School Board Meeting on Tuesday, October 30th at 7 PM to share your concerns. If you have any questions, please contact Dr. Liz Krider e@krider.org.

Link to the [Parent Petition](#) and link to [10/9/2018 Article](#) about the Project commencing:

CSF Information

CSF results are available for your view and posted outside of Dr. Glazer's office. If you do not see an X after your name (student number) for the fall semester of 2018, check with Mr. Spitler in room 114 about your application or write to him at cspitler@lcsd.net.

Remember to keep a copy of your report card in January to use for your second semester application to CSF. Freshmen, your actual enrollment in high school CSF begins next semester, since you cannot use junior high grades for high school CSF qualification. All high school students need to apply and be accepted for a minimum of four high school semesters, with no unsatisfactory citizenship grades, and one semester must be from the senior year, in order to qualify for Gold Seal Bearer status at graduation.

Lost and Found

If you have lost anything please come and check the Lost and Found in the Health Office (Room 111) for any missing items. All unclaimed items will be donated to charity at 3:30 p.m. on Friday, November 2.

Last Call for Apples for Teachers

There's still time to help our teachers get the classroom supplies they need! You can donate to YOUR child's teachers through Apples for Teachers. Your donation is tax deductible and we will notify him/her that you have contributed to this effort!

Here's how to participate:

*Get list of your child's teachers.

*Pick up a donation form in the LCHS office Apples for Teachers box and donate there by cash or check. Just drop your envelope/payment in the lock box.

*Or, take a form with you and donate by mail to: Elizabeth Brown. 1716 La Taza Dr. LCF 91011

*Contact Becky DePriest at timandbeckydepriest@yahoo.com for extra donation forms and with any questions you have!

NEW! 9-12 LCHS Boys Lacrosse Club Team - Registration due November 16

Lacrosse is one of the fastest growing sports in California! Starting this spring LCHS will have a new boys high school lacrosse club team. Practices will be weekly starting in early February through May and games will be played against other local teams. Participation is available to all levels - even if your son has never played he is welcome - come learn! Practices and games will be challenging and fun for everyone. To register for the team contact Joleen O'Brien at joleen.r.o@gmail.com. A student and parent meeting will be scheduled in December.

Free Teen Yoga Class at LCF Community Center

Learn healthy ways to manage stress, gain greater self-confidence and self respect, build strength and flexibility, and greater focus while learning yoga poses and mindful meditation.

The Fall II classes begin Monday, October 22 from 5:00 - 6:00 p.m. in the Creative Arts Room. Register at www.cclcf.org

www.lchsptsa.org | www.lcusd.net | www.lcfef.org |

STAY CONNECTED:



La Canada High School PTSA, 4463 Oak Grove Drive, La Canada, CA 91011

Sent by ptapresident@lchs912.org in collaboration with

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