



# LCHS 9 - 12 PTSA online NEWS

I hope you are enjoying the change in weather and welcoming Fall and all the small but wonderful things it brings. This past week LCHS PTSA hosted a meet and greet with our Freshman parents. It was a productive hour spent with Principal McFeat and our Board members shedding light on common questions our parents have such as: What is STEP?; How do clubs work?; How do we differentiate teaching in the classroom?, and many more topics.

This month is also our national PTA focus on drug awareness. Red Ribbon Week will kick off on Monday October 22nd and culminate on Friday October 26th with a renowned speaker, Tony Hoffman who will speak to all of our students during two assemblies and also smaller breakout sessions. Please visit our [website](#) to learn more about him. Staying with our theme, please join us on Thursday October 18th at 8:45 a.m. in the Teacher's Lounge to hear our very own Deputy Metejka speak about drug and alcohol abuse and vaping. Don't miss this opportunity to ask questions and find out what's happening in your teen's world.

Warmly,  
Tamar Tujian  
LCHS 9-12 PTSA President  
[ptapresident@lchs912.org](mailto:ptapresident@lchs912.org)

## Register Your Ralphs Card to Raise Money for PTSA!

We earned \$10,000 last year with passive fundraising. Please take a moment and add your Ralphs card TODAY to help our PTSA. Currently we only have 109 families enrolled. Let's work together to increase our enrollment and our dollars earned!

Ralphs New Number for LCHS PTSA 9/12 SN497

Please go to [ralphs.com](http://ralphs.com), sign in or create an account, click on your name in the upper right, then under Community Contributions select La Canada High School PTSA. Questions - Please contact Sabina Clorfeine at [sabinaclorfeine@gmail.com](mailto:sabinaclorfeine@gmail.com).

## PTSA Meeting - October 18 - Guest Speaker Deputy Metejka

Please attend our PTSA 9-12 General meeting on Thursday October 18 at 8:45 a.m. in the Teacher's Lounge which is located next to the cafeteria and Café. We will have a sign on the door so you can find us easily. Please give yourself some time to park. We are excited to hear from Dan Jeffries, our LCUSD School Board representative, Mr. McFeat, as well as Deputy Metejka who will speak about drug and alcohol abuse and some of the issues facing our students.

Please come for an hour or however much time you can spare and get some great updates about our school, students and programs. Coffee and baked goods will be served. If you have not had a chance to visit our on line order form, please [CLICK HERE](#), you will see the simple ways that you can help us reach our fundraising goal of \$100,000 this year. We are more than half way there!

### **Dr. Madeline Levine Presentation - October 18**

Please join us on Thursday, October 18 from 6:30 - 8:30 p.m. in the LCHS Auditorium for a presentation by Dr. Madeline Levine, Co-Founder of the Stanford Graduate School of Education Challenge Success Program. Her topic is *Engaging the Multiple Contributors to Healthy Child and Adolescent Development*.

Dr. Levine is a dynamic speaker with powerful research-based information on parents' roles in engaging a variety of factors to ensure children's healthy and resilient development. Please don't miss this amazing speaker.

### **PTA Reflections Contest Deadline - October 19**

The theme for the 2018-2019 PTA Reflections contest has been announced..."HEROES AROUND ME". Forms are available in the office!

The PTA's national Reflections Art Program has brought the arts to life for more than 10 million students since 1969. Reflections encourages students of all ages to:

- Unleash creative talents and be inspired
- Express themselves imaginatively in their artwork
- Experience the fun and joy of making art
- Tap into critical-thinking skills to create art inspired by the annual theme

Encourage your student to create new art inspired by this year's theme: "Heroes Around Me"

Categories are:

- Dance/Choreography
- Literature
- Photography
- Film Production
- Music Composition
- Visual Arts (including 3-dimensional objects!)

Deadline for submissions will be October 19 at 4:00 p.m.

### **LCHS Directories Distributed**

If you ordered and paid for a student directory, your youngest child should have received it in his or her English class on Friday, October 5. If you have any questions about your order, please email Susie Haleblian at [Jefesusie@sbcglobal.net](mailto:Jefesusie@sbcglobal.net).

A limited number of directories are still available for sale. You can purchase one on the [On-Line Order Form](#).

### **Challenge Success Building Your Path 2 - October 20**

As a part of our Challenge Success Student Education and Outreach: October 20, 9:30 a.m. - 12:30 p.m. in the LCHS Auditorium and on the LCHS Campus we will be hosting Challenge Success: Building Your Path.

The event is free and will include breakfast and lunch and is open to all LCUSD students in grades 6-12 and their parents. The Challenge Success: Building Your Path event will include two keynote speakers as well as 34 presenters from a variety of career fields who are all community members. Breakfast will be served from 8:00 - 9:00 a.m. followed by the first keynote speaker, Emmy-winning actor and LCHS parent Courtney B. Vance. After the first keynote, students will attend three 45-minute sessions in classrooms with career professionals from the community. The program concludes with the second keynote speaker, NASA JPL engineer MiMi Aung, who will discuss her experience working on the Mars helicopter engineering project. Lunch will follow this presentation.

Sign-ups for the event opened on October 4. For more information, visit [chsspartans.net](http://chsspartans.net).

### **LCHS PTSA Founders Day 2018-2019 Information**

This is that time of year when we recognize and honor those individuals that truly set the bar extra high here at LCHS!

The LCHS PTSA Founders Day Awards celebrate the achievements and dedication of special LCHS staff members, PTSA parent volunteers and community members. If you know of a deserving teacher, faculty member or parent that has gone above and beyond and you would like to see them recognized, please complete a [nomination form](#).

Nominations are due by Tuesday November 13th. Please turn in nomination forms in an envelope marked "LCHS PTSA Founders Day Nominations" in the office.

### **LCUSD Science Enrichment Program Presentation - October 16**

JPL is not just Engineers and Scientists! Come listen to people whose skills are vital to the exploration of space. Join us on October 16 in the District Office Board Room from 6:30 - 7:30 p.m. Open to all students and parents in grades 7-12

### **Community Health and Well-Being Fair - October 20**

Community Health and Well-being Fair - Saturday, October 20th at USC Verdugo Hills Hospital in conjunction with the YMCA of the Foothills. FREE flu shots and a variety of health screenings will be available. Pumpkin carving, face painting, a firetruck and more. Click [HERE](#) for more information.



[www.lchsptsa.org](http://www.lchsptsa.org) | [www.lcusd.net](http://www.lcusd.net) | [www.lcfef.org](http://www.lcfef.org) |

STAY CONNECTED:



La Canada High School PTSA, 4463 Oak Grove Drive, La  
Canada, CA 91011

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